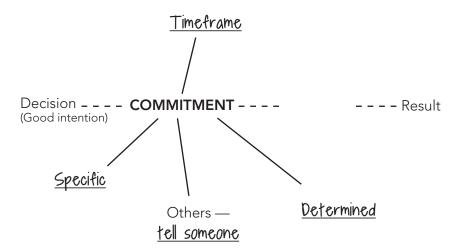


#### COMMITMENT PHOBIA — How to overcome our cultural fear of commitment

Own, Part 3

Ed Noble, Lead Pastor October 31 & November 2, 2014

**OWN** — To live the life we really, REALLY want, we'll have to **OWN**... which means **Overcoming** our **"commitment phobia"**.



## GET REAL — WHY THE "COMMITMENT PHOBIA"?

- 1. We've got too many <u>options</u>
- 2. Afraid we <u>aren't up for it, can't do it</u> or are <u>unworthy</u> somehow "we" isn't "us" for "me"
- 3. "It's <u>haaarrrddd</u>"

GET "Realer" — it's all about "Sowing and Reaping"

#### RUN THE RACE — OWNING YOUR LIFE

24 Do you not know that those who run in a race all run, but only one receives the prize? Run [ <u>OWN</u>!!!] in such a way that you may win. <sup>25</sup> Everyone who competes in the games exercises self-control [saying "<u>NO</u>" to say "<u>YCS</u>"] in all things. They then do it to receive a perishable wreath, but we an imperishable. <sup>26</sup> Therefore I run in such a way, as not without aim [OWN = thoughtful engagement with God]; I box in such a way, as not beating the air; <sup>27</sup> but I discipline my body and make it my slave [<u>What runs who</u>], so that, after I have preached to others, I myself will not be disqualified.

1 Corinthians 9:24-27

#### SPIRITUAL DIRECTION TIME

SIMPLIFY through SURRENDER

CONSECRATION — <u>Give your options to God</u> (He's waaaayyyy better at <u>choosing</u>.)

REFLECT — LIFE... GOD... CHURCH

COMMIT

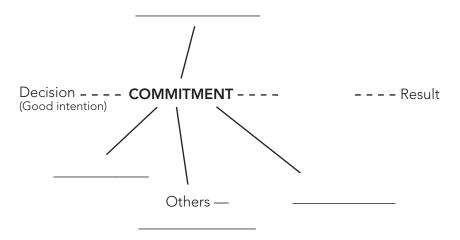
INVITE JESUS IN



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