

FORCE OF HABIT

The Force of Valuable Habits

Force of Habit, Part 1

Ed Noble, Lead Pastor

January 23 & 25, 2015

Habits shape us... so be careful how we "habituate".

FORCE

A. Much of what we do is BECAUSE of Habit NOT because we've actually decided to do, much less BE.

B. Habit's have FORCE to shape... so let's get busy!

...and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

Ephesians 4:24

*** Remember: practice makes perfect... NO! Permanent!

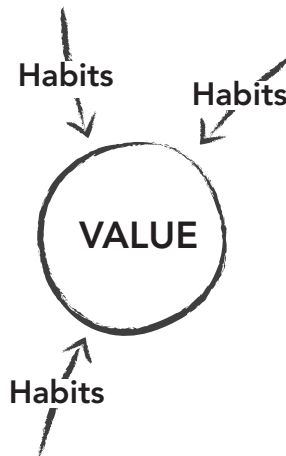
BIG POINT: Center our habits on around VALUES, not goals.

"You shall have no other gods before Me."

Exodus 20:3

"Know therefore today, and take it to your heart, that the LORD, He is God in heaven above and on the earth below; there is no other."

Deuteronomy 4:39



GOD

*O God, You are my God; I shall seek You earnestly;
My soul thirsts for You, my flesh yearns for You,
In a dry and weary land where there is no water.*

Psalms 63:1

...that I may know Him...

Philippians 3:10

...and though you have not seen Him, you love Him...

1 Peter 1:8

LOVE

GRACE

- ▶ The "well of course" problem: Make intentional what is most valuable (instead of assuming or presuming).

"But seek first His kingdom and His righteousness, and all these things will be added to you."

Matthew 6:33

- ▶ We choose to live out this value because it is VALUE*ABLE... we perceive value (Faith — that He is good, satisfying, FOR me, we TRUST Him!)

- ▶ This is the core of what it means to be US...

SUGGESTED STEPS TO GET STARTED

1. I.D. a habit.
2. Evaluate a habit.
3. Try a new Ultimate Value Habit this week.



The Force of Valuable Habits

Force of Habit, Part 1

Ed Noble, Lead Pastor

January 23 & 25, 2015

Habits _____... so be careful how we _____.

FORCE

A. Much of what we do is _____ NOT
because we've actually _____ to do, much less ____.

B. Habit's have _____... so let's get busy!

*...and put on the new self, which in the likeness of God has
been created in righteousness and holiness of the truth.*

Ephesians 4:24

*** Remember: practice makes _____... _____

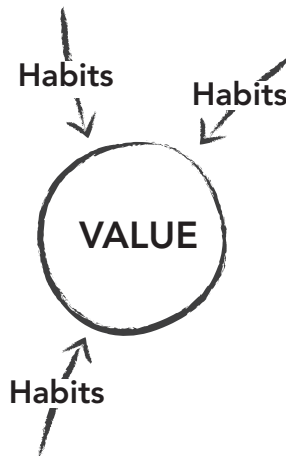
BIG POINT: Center our habits on around _____, not ____.

"You shall have no other gods before Me."

Exodus 20:3

*"Know therefore today, and take it to your heart, that the
LORD, He is God in heaven above and on the earth below;
there is no other."*

Deuteronomy 4:39



*O God, You are my God; I shall seek You earnestly;
My soul thirsts for You, my flesh yearns for You,
In a dry and weary land where there is no water.*

Psalms 63:1

...that I may know Him...

Philippians 3:10

...and though you have not seen Him, you love Him...

1 Peter 1:8

- ▶ The "well of course" problem: Make _____ what
is most valuable (instead of _____ or _____).

*"But seek first His kingdom and His righteousness, and all
these things will be added to you."*

Matthew 6:33

- ▶ We choose to live out this value because
it is _____... we _____
(Faith — that He is _____, _____, _____ me,
we _____ Him!)

- ▶ This is the _____ of what it _____...

SUGGESTED STEPS TO GET STARTED

1. _____ a habit.
2. _____ a habit.
3. _____ Ultimate Value Habit this week.