



**Reimagining the Force
of My Time Habits**

Force of Habit, Part 3

Ed Noble, Lead Pastor

February 6 & 8, 2015

FORCE OF HABIT: Sometimes we are suffering from "imagination limitation".

TIME REIMAGINED

TIME IS A GIFT FROM GOD.

Then the dust will return to the earth as it was, and the spirit will return to God who gave it.

Ecclesiastes 12:7

Nor is He served by human hands, as though He needed anything, since He Himself gives to all people life and breath and all things.

Acts 17:25

"I glorified You on the earth, having accomplished the work which You have given Me to do."

John 17:4

- Length of life ≠ fullness of life
- "God has unique stuff for you to do, experience, be, enjoy, be victorious through"... i.e. there is a very definite reason you were born.

TIME HABITS can have the force to make us happy... or HAPPY!

- Keystone habits get undone all the time by health, kids, change, moves... LIFE.
- Keystone time habits are not easy... we will never accidentally develop them...SO don't get discouraged!

For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

Galatians 5:17

KEYSTONE TIME HABIT: FOCUSED TIME WITH GOD

Definition: Regular, disciplined, focused quiet time with God as a part of a thoughtful pursuit of the Presence of God.

THINK: Training (Practice)

⁷ On the other hand, discipline [γυμνάζω - gymnadzo lit. "be disciplining yourself] yourself for the purpose of godliness; ⁸ for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come.

1 Timothy 4:7-8

THINK: LEARNING

THINK: Relating ... presence

¹⁰ For a day in Your courts is better than a thousand outside. I would rather stand at the threshold of the house of my God Than dwell in the tents of wickedness. ¹¹ For the LORD God is a sun and shield; The LORD gives grace and glory; No good thing does He withhold from those who walk uprightly. ¹² O LORD of hosts, How blessed is the man who trusts in You!

Psalms 84:10-12

THERE IS A...

...PART GOD DOES: So I pray, God, revive my heart!

...PART I DO: Direct, Decide & Step

(a.k.a. Seek First the Kingdom of God)



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FORCE OF HABIT: Sometimes we are suffering from _____.

TIME REIMAGINED

TIME IS A _____.

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John 17:4

- _____ of life ≠ _____ of life
- "God has _____ for you to do, experience, be, enjoy, be victorious through" ... i.e. there is a very _____.

TIME HABITS can have the force to make us _____... or _____!

- Keystone habits _____ by health, kids, change, moves... _____.
- Keystone time habits _____... we will never _____ develop them... SO don't get discouraged!

For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

Galatians 5:17

KEYSTONE TIME HABIT: _____

Definition: _____ quiet time with God as a part of a _____ of the Presence of God.

THINK: _____

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1 Timothy 4:7-8

THINK: _____

THINK: _____

¹⁰ *For a day in Your courts is better than a thousand outside. I would rather stand at the threshold of the house of my God Than dwell in the tents of wickedness. ¹¹ For the LORD God is a sun and shield; The LORD gives grace and glory; No good thing does He withhold from those who walk uprightly. ¹² O LORD of hosts, How blessed is the man who trusts in You!*

Psalms 84:10-12

THERE IS A...

...PART GOD DOES: So I pray, God, _____!

...PART I DO: _____, _____ & _____

(a.k.a. Seek First the Kingdom of God)